

Measured Mile Calculator - Minutes & Seconds to Knots

Seconds	Minutes									
	2	3	4	5	6	7	8	9	10	11
0	30.000	20.000	15.000	12.000	10.000	8.571	7.500	6.667	6.000	5.455
1	29.752	19.890	14.938	11.960	9.972	8.551	7.484	6.654	5.990	5.446
2	29.508	19.780	14.876	11.921	9.945	8.531	7.469	6.642	5.980	5.438
3	29.268	19.672	14.815	11.881	9.917	8.511	7.453	6.630	5.970	5.430
4	29.032	19.565	14.754	11.842	9.890	8.491	7.438	6.618	5.960	5.422
5	28.800	19.459	14.694	11.803	9.863	8.471	7.423	6.606	5.950	5.414
6	28.571	19.355	14.634	11.765	9.836	8.451	7.407	6.593	5.941	5.405
7	28.346	19.251	14.575	11.726	9.809	8.431	7.392	6.581	5.931	5.397
8	28.125	19.149	14.516	11.688	9.783	8.411	7.377	6.569	5.921	5.389
9	27.907	19.048	14.458	11.650	9.756	8.392	7.362	6.557	5.911	5.381
10	27.692	18.947	14.400	11.613	9.730	8.372	7.347	6.545	5.902	5.373
11	27.481	18.848	14.343	11.576	9.704	8.353	7.332	6.534	5.892	5.365
12	27.273	18.750	14.286	11.538	9.677	8.333	7.317	6.522	5.882	5.357
13	27.068	18.653	14.229	11.502	9.651	8.314	7.302	6.510	5.873	5.349
14	26.866	18.557	14.173	11.465	9.626	8.295	7.287	6.498	5.863	5.341
15	26.667	18.462	14.118	11.429	9.600	8.276	7.273	6.486	5.854	5.333
16	26.471	18.367	14.063	11.392	9.574	8.257	7.258	6.475	5.844	5.325
17	26.277	18.274	14.008	11.356	9.549	8.238	7.243	6.463	5.835	5.318
18	26.087	18.182	13.953	11.321	9.524	8.219	7.229	6.452	5.825	5.310
19	25.899	18.090	13.900	11.285	9.499	8.200	7.214	6.440	5.816	5.302
20	25.714	18.000	13.846	11.250	9.474	8.182	7.200	6.429	5.806	5.294
21	25.532	17.910	13.793	11.215	9.449	8.163	7.186	6.417	5.797	5.286
22	25.352	17.822	13.740	11.180	9.424	8.145	7.171	6.406	5.788	5.279
23	25.175	17.734	13.688	11.146	9.399	8.126	7.157	6.394	5.778	5.271
24	25.000	17.647	13.636	11.111	9.375	8.108	7.143	6.383	5.769	5.263
25	24.828	17.561	13.585	11.077	9.351	8.090	7.129	6.372	5.760	5.255
26	24.658	17.476	13.534	11.043	9.326	8.072	7.115	6.360	5.751	5.248
27	24.490	17.391	13.483	11.009	9.302	8.054	7.101	6.349	5.742	5.240
28	24.324	17.308	13.433	10.976	9.278	8.036	7.087	6.338	5.732	5.233
29	24.161	17.225	13.383	10.942	9.254	8.018	7.073	6.327	5.723	5.225
30	24.000	17.143	13.333	10.909	9.231	8.000	7.059	6.316	5.714	5.217
31	23.841	17.062	13.284	10.876	9.207	7.982	7.045	6.305	5.705	5.210
32	23.684	16.981	13.235	10.843	9.184	7.965	7.031	6.294	5.696	5.202
33	23.529	16.901	13.187	10.811	9.160	7.947	7.018	6.283	5.687	5.195
34	23.377	16.822	13.139	10.778	9.137	7.930	7.004	6.272	5.678	5.187
35	23.226	16.744	13.091	10.746	9.114	7.912	6.990	6.261	5.669	5.180
36	23.077	16.667	13.043	10.714	9.091	7.895	6.977	6.250	5.660	5.172
37	22.930	16.590	12.996	10.682	9.068	7.877	6.963	6.239	5.651	5.165
38	22.785	16.514	12.950	10.651	9.045	7.860	6.950	6.228	5.643	5.158
39	22.642	16.438	12.903	10.619	9.023	7.843	6.936	6.218	5.634	5.150
40	22.500	16.364	12.857	10.588	9.000	7.826	6.923	6.207	5.625	5.143
41	22.360	16.290	12.811	10.557	8.978	7.809	6.910	6.196	5.616	5.136
42	22.222	16.216	12.766	10.526	8.955	7.792	6.897	6.186	5.607	5.128
43	22.086	16.143	12.721	10.496	8.933	7.775	6.883	6.175	5.599	5.121
44	21.951	16.071	12.676	10.465	8.911	7.759	6.870	6.164	5.590	5.114
45	21.818	16.000	12.632	10.435	8.889	7.742	6.857	6.154	5.581	5.106
46	21.687	15.929	12.587	10.405	8.867	7.725	6.844	6.143	5.573	5.099
47	21.557	15.859	12.544	10.375	8.845	7.709	6.831	6.133	5.564	5.092
48	21.429	15.789	12.500	10.345	8.824	7.692	6.818	6.122	5.556	5.085
49	21.302	15.721	12.457	10.315	8.802	7.676	6.805	6.112	5.547	5.078
50	21.176	15.652	12.414	10.286	8.780	7.660	6.792	6.102	5.538	5.070
51	21.053	15.584	12.371	10.256	8.759	7.643	6.780	6.091	5.530	5.063
52	20.930	15.517	12.329	10.227	8.738	7.627	6.767	6.081	5.521	5.056
53	20.809	15.451	12.287	10.198	8.717	7.611	6.754	6.071	5.513	5.049
54	20.690	15.385	12.245	10.169	8.696	7.595	6.742	6.061	5.505	5.042
55	20.571	15.319	12.203	10.141	8.675	7.579	6.729	6.050	5.496	5.035
56	20.455	15.254	12.162	10.112	8.654	7.563	6.716	6.040	5.488	5.028
57	20.339	15.190	12.121	10.084	8.633	7.547	6.704	6.030	5.479	5.021
58	20.225	15.126	12.081	10.056	8.612	7.531	6.691	6.020	5.471	5.014
59	20.112	15.063	12.040	10.028	8.592	7.516	6.679	6.010	5.463	5.007